



The Vellore Advocate

NEWSLETTER OF THE VELLORE CHRISTIAN MEDICAL COLLEGE BOARD (U.S.A.), INC.

WEB SITE: www.vellorecmc.org

Volume XXVII Number 2

“Not to be Ministered Unto, But to Minister”

Fall 2002

New Head of Vellore CMC&H to Visit the U.S.

The newly appointed Director of Vellore CMC&H, **Dr. George M. Chandy**, will visit the United States this October for meetings in New York, Pennsylvania and California. Dr. Chandy was in the U.S. briefly in May to meet with Louis Knowles, president of the Vellore Board and officials of the American Schools and Hospitals Abroad (ASHA) program. ASHA provides several hundred thousand dollars a year in grants to the Vellore Board for funding the purchase of U.S. technology for Vellore CMC&H.

Dr. Chandy's October visit will provide an opportunity for Vellore supporters and their friends to hear him report on the challenges ahead for the top-ranked Indian medical college that he will be heading. During the Vellore Board annual meeting on Friday, October 18, Dr. Chandy will address the topic: “Loving-kindness in Trying Times: Vellore CMC&H and Health Care in the India of Today.” Mr. Rajat K. Gupta, Managing Director of McKinsey & Co. will also comment on that topic.

George Chandy, an alumnus of CMC Vellore, batch of '67 holds appointments in Gastroenterology and Hepatology. He has served for many years as Medical Superintendent of CMC&H.

For a complete schedule of Dr. Chandy's visit to the U.S., please visit our web site, www.vellorecmc.org.



Sarita Kumar Joins Board Staff



Sarita Kumar is the new Gifts and Grants Manager at the Vellore Board. She has over fifteen years of experience in international development, health care programs, and providing technical assistance to government and private sector agencies. Sarita worked previously at the United

Nations and affiliated organizations managing health care projects in developing countries. Her work has included the management of USAID funded projects, design and evaluation of cost-effective service delivery systems and establishing community based and social marketing programs. Ms. Kumar has lived, studied and worked in Asia, Africa and the Americas. Welcome Sarita to the Vellore Family!

Vellore, Excellence in Health Care for a Developing World

Send for our latest brochure on the service of the Vellore Christian Medical College & Hospital. Available in quantities, free of charge, this brochure is an up-to-date and concise introduction to the work of Vellore and how Americans can be involved. Share copies with friends and groups.

Visit our Web site:
www.vellorecmc.org
and Donate Online

Find out more about the programs and services of the Vellore Board. You may also make your donation to the Vellore Board by following the link on our contribution page. Your information is protected both online and offline by a secure connection. Please check us out.

Letter from the President

The members of the Vellore Board (USA) are eager to build on past success. The drive to finance and construct the Ida S. Scudder Centenary Center for Women & Children culminated



in 2001 when the doors opened and tens of thousands of outpatients and inpatients came in for treatment. Over the past 18 months, CMC&H programs and treatment centers focusing on the health of women and children have settled in at the Scudder Building.

Now the Board seeks to continue the campaign to upgrade and expand Vellore's facilities. For this fiscal year, we are turning our attention to the following five goals:

1. An expansion of the Rehabilitation Institute that will be known as the Paul and Margaret Brand Floor. (See related article on page 3.)
2. Expansion of the Mental Health Center.
3. Enlarging the Research Fund for scientific investigations by Vellore faculty.
4. Upgrading the nursing college library with new CD-Roms and readers.
5. Expanding the Chaplain's Library.

The Board expects to contribute a total of \$200,000 by June 30, 2003 toward these projects, over and above our usual gifts for scholarships, fellowships and medical supplies and equipment. To reach this goal, we need your help. Please consider increasing your regular fall gift to the Vellore Board. Please contact the Board staff, if you would like more information about any of our five goals.

I am looking forward to George Chandy's visit in October. Our web site carries his schedule.

In faith,

Lou Knowles
President

Latest News from Vellore

- **Gujarat Medical Team** from Vellore provided medical assistance and training of local volunteers in the three relief camps in that area. Overcrowding, minimal shelter and poor sanitation resulted in many problems and sickness for the refugees. CMC&H will continue to send volunteer medical teams over the next months.
- **The Blood Bank** has been designated as a Regional Transfusion Center in recognition of the quality of work and the facilities available at Vellore. Vellore will now be able to conduct blood donation camps on their own. The blood bank was the first in India to introduce the concept of volunteer blood donors.
- **The 9th Rehab Mela** held in February 2002 for the severely Disabled was organized by the Physical Medicine Rehabilitation (PMR) Department. 132 disabled persons participated along with

their families. Participants were assessed and treated by nurses, physiotherapists, occupational therapists, social workers, doctors and orthotic staff of CMC&H. Tests were performed; medical advice and treatment given. Seminars and group discussions were presented concerning employment and quality of life. A sports meet included races and games. Competitions in art, poetry and singing were also conducted.

- **Day Care Center** was dedicated in February 2002 at CMC&H for patients requiring short surgical procedures. This facility, available at minimal cost, will be open to 20 patients a day. The surgical team along with the anesthesiologist will be responsible for a careful selection process of patients fit to be treated at this facility. All surgical teams share the use of state of the art equipment. This is one of the first of its kind in India.

Planned Giving

Charitable gift annuities enable you to provide future gifts in support of Vellore's mission, while furnishing income for yourself or others throughout your lifetime.

Gifts of life insurance or retirement fund assets naming the Vellore Board as beneficiary may provide you with tax savings while supporting Vellore's ministry.

Gifts of stock transferred to the Vellore Board will help CMC&H serve the people of India and possibly provide you with tax savings.

Please contact Louis Knowles for more information.

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Louis Knowles President **Lena Boggiano** Editor

A Not-for-profit 501(c)(3) Organization
Combined Federal Campaign #1020

The mission of the Vellore Christian Medical College Board (USA), Inc., in response to the healing ministry of Christ and inspired by the legacy of Dr. Ida S. Scudder, is to provide a focus for excellence and integrity through the support of the wide range of programs of the Christian Medical College and Hospital, Vellore, India.

Much Needed Rehab Expansion in the Works

REHABILITATION FOR THE LEAST OF THESE

Founded by the heroic Dr. Mary Verghese, herself a paraplegic surgeon, the Center for Rehabilitation has been addressing the severe shortage of facilities for the physically disabled since 1966.

Last year, 54,800 outpatients were seen, and over 480 severely disabled persons were treated and discharged with the equipment and training to survive in their home village or neighborhood.

Over 17,000 outpatients and 8,000 inpatients were served through occupational therapy, physiotherapy and speech therapy. 5,800 artificial limbs and appliances were made for patients.

39 physically handicapped patients needing long-term therapy can be accommodated and trained to cope with



One of the many head and spinal injury patients receiving quality treatment at the Rehab Institute.

activities of daily living and vocational training. Before discharge, patients from rural areas spend time in a model hut similar to their home situation.

More than 200 people with severe spinal cord injuries are treated yearly. Patients come from all over India, and from varying socio-economic and language backgrounds, making their rehabilitation a challenge.

CMC&H's educational programs conducted at Physical Medicine Rehabilitation Institute (PMR) are: M.D. in PMR, Bachelor Degrees in Physiotherapy and Occupational Therapy, and Diploma Programs.

FUTURE OUTLOOK IN CARE FOR INJURY VICTIMS

An acute shortage of beds for spinal cord injury rehabilitation means many patients with a broken neck or back must be turned away and told to come back in a year. Poor road conditions and heavy traffic have caused brain injuries to reach epidemic proportions, placing added pressure on limited rehab facilities.

VELLORE BOARD SUPPORTS THE DRs. PAUL AND MARGARET BRAND SPINAL INJURIES FLOOR AT PMR

A plan for a major addition to the Rehabilitation Institute calls for expanding the present 39 beds to 75, the construction of an up-to-date operating theatre, and other improvements. This will increase the number of patients treated and strengthen the educational programs. The new Spinal Injuries Floor will be named in honor of Drs. Paul and Margaret Brand. The Vellore Board USA seeks your support for this vital project.

Served by Rehab Staff

Mr. Babu, a 30 year old unmarried male lives with his parents in the gypsy community village of Timiri, about 26 miles from Vellore. They make their living hunting birds, squirrels and making beaded jewelry, which they sell at street stalls. During a hunting expedition, Babu fell out of a tree. He lost all sensation in the lower part of his body and was incontinent. The family tried native medicines, then took him to the Government Hospital, where they were told to take Babu to Vellore. Three days after the accident, Babu and his parents arrived at the Casualty Department. The surgeons in Orthopedics operated and fused his spine. Postoperative care was given at the Ida Scudder Ward until a bed was available at the Rehab Institute, where he was trained to walk with braces

and a walking frame. He was taught to manage his incontinence and the mechanics of daily living. He was given exercises to strengthen his hands and arms, so he would be able to continue the bead work.

The cost of Babu's treatment, medicines, braces, and a tricycle (so he could get around) was all donated. Thanks to the skills of the surgeons, the Rehab staff, and the gifts of so many well wishers, Babu will be able to maintain himself in his home community.



MEMORIAL and REMEMBRANCE GIFTS, July 2001– June 2002

We thank the friends and families, who in the spirit of celebration of people's lives made gifts to the Vellore Board, memorializing and honoring them through the ministry of CMC&H, Vellore.

In Memory of:	Given by:	In Memory of:	Given by:	In Memory of:	Given by:
Rev. Richard Arnesman	Dr. & Mrs. Robert Carman	Anna Margaret Feild	Dr. & Mrs. Robert Carman	Sallye Youth	Dr. Elise Youth
Mrs. Mercedes Asedillo	Mrs. Kathryn Ketcham	Anna Margaret Feild	Dr. Mary Dumm	Dr. Dolly Yusufji	Dr. Dawn Selim
Helen Benjamin	Mr. & Mrs. J.H. Kinsinger	Anna Margaret Feild	Sinking Spring Presbyterian Church	In Honor of:	Given by:
Mr. Gordon Binns	Mr. Philip Ansalone	Mrs. Elizabeth Hubbel-Riggs	Mrs. Kathryn Ketcham	Dr. Sulochana Abraham	Fireside Christian Church, Denver, CO.
Mr. Gordon Binns	Mr. & Mrs. Albert Boggiano	Dr. Carol Jameson	First Baptist Church of Corona, CA.	Naomi Carman	Rev. & Mrs. Paul Letiecq
Mr. Gordon Binns	Mrs. Edwina Youth	David W. Jameson	Mr. Charles B. Jameson	The Carman Family	Dr. & Mrs. Edwin Tegenfeldt
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Dr. Bernadine DeValois	Mr. & Mrs. Edwin DeValois	Kathryn Silliman Olson	Mrs. Olga Bell	Mary Ann Sauls	Wmn's Assoc., First Presbyterian Church, Granville, OH
Dr. Bernadine DeValois	Mrs. Helen Mitchell	Kathryn Silliman Olson	Albert G. Bergh & Family	Ms. Valborg Tollefsrud	Mr. & Mrs. Paul Sherry
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Dr. Bernadine DeValois	Mr. & Mrs. Richard Reida	Kathryn Silliman Olson	Mr. & Mrs. Virgil Gragson	Dorothy Williams	Madison Square Presby- terian Church, TX
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Dr. Mary Dumm	Mr. & Mrs. George Visser	Susan Z. Scudder	Edwina & Martin Youth		
Dr. Mary Dumm	Mr. Philip Ansalone	Susan Z. Scudder	Dr. Elise Youth		
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Dr. Mary Dumm	Miss Betty Letzig				
Dr. Mary Dumm	Mrs. Edwina Youth				
Dr. Mary Dumm	Dr. Elise Youth				

I N M E M O R I A M

Dr. Mary Dumm died on February 24, 2002. A graduate of Swathmore, she earned her Ph.D. at Bryn Mawr. She first went to Vellore in 1959 as a lecturer in Biochemistry and Nutrition, assuming leadership of the Department of Nutrition Research, which soon developed into one of the leading research centers in India. She became head of the Dept. of Biochemistry. Through her efforts funding for research projects of staff members was made possible. Her service as director on the Vellore Board began upon her return to the states. In 1989-91, she served as president of the Board. She was appointed honorary director upon her retirement. A faithful donor and member of the Heritage Society, she made several deferred gifts to the Vellore Board through the Presbyterian Church (USA) Foundation.

Mr. Gordon Binns, President (retired) of General Motors Investment Management Corporation, served on the Vellore Board from 1994 until his death in April 2002. He was appointed chair of the Finance Committee from 1995-1999. A dedicated supporter of Vellore, he traveled to Vellore CMC&H to observe and learn. His service as an astute and professional board member and his dedicated financial support to Vellore will be missed. He was a member of the Bronxville Reformed Church in N.Y., where he learned of Vellore's ministry through a presentation by Linda Pierce, past President of the Vellore Board, and Dr. Benjamin Pulimood, past Director of CMC&H, Vellore.

Dr. Bernadine DeValois, founder and former head of the Ear, Nose & Throat Department at CMC&H died in June 2001. Dr. DeValois served at CMC&H for 25 years, during which she established the ENT Department.

Through a \$25,000 gift from the estate of Dr. Bernadine DeValois, a new endowment has been established at the Vellore Board, to benefit the Ear, Nose & Throat Department and its low-income patients. Dr. DeValois continues her ministry into the future through those patients who will receive quality care.